

STEP 11 DAILY REVIEW

DATE _____

CONSTRUCTIVELY REVIEW MY DAY:

PRAYER

EXERCISE

FOOD PLAN

PROJECTS

WAS I RESENTFUL?

WAS I SELFISH? WANTED SOMETHING

WAS I DISHONEST?

OMISSION: IF THE PERSON WAS HONEST AND ASKED FOR YOU TO TELL THEM WHAT WAS WRONG

WAS I AFRAID?

DO I OWE AN APOLOGY?

HAVE I KEPT SOMETHING TO MYSELF WHICH SHOULD BE DISCUSSED WITH ANOTHER PERSON AT ONCE.?

WAS I KIND AND LOVING TOWARDS ALL?

HOW COULD I HAVE IMPROVED OR DONE BETTER?

WAS I THINKING OF MYSELF MOST OF THE TIME?

WHAT DID I DO FOR OTHERS TO MAKE THEIR LIVES BETTER?

GOD, PLEASE FORGIVE ME FOR MY FAILINGS TODAY. I KNOW THAT BECAUSE OF MY FAILINGS I WAS NOT ABLE TO BE AS EFFECTIVE AS I COULD HAVE BEEN FOR YOU. PLEASE FOR ME AND HELP ME LIVE THY WILL BETTER TOMORROW.. FATHER, I ASK YOU NOW TO SHOW ME HOW TO CORRECT THE ERRORS I HAVE JUST OUTLINED. GUIDE ME AND DIRECT ME. PLEASE REMOVE MY ARROGANCE AND MY FEAR. LORD, SHOW ME HOW TO MAKE MY RELATIONSHIPS RIGHT AND GRANT ME THE HUMILITY AND STRENGTH TO DO THEY WILL. AMEN

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