

Step 4
Info

DEFINITIONS OF WORDS USED IN STEP FOUR

AMBITION	Our goals or plans for the future, or what we want.
ARBITER	One chosen to judge.
BITTERNESS	Pain, suffering, ill will or regret.
DEFECT	Lack of something necessary for completeness. Same as shortcoming - what blocks me off from God and others.
DISHONEST	The act or practice of telling a lie, cheating, deceiving, stealing.
EXACT	Very accurate, precise, correct.
FATAL	Causing death.
FAULT	Something done wrongly, an error or mistake.
FEAR	A feeling of anxiety, agitation, uneasiness or apprehension.
FINITE	Limited.
FRIGHTENED	A temporary or continual state of fear.
FUTILITY	Uselessness.
IDEAL	Goal, aim, conception, standard, mental image.
INCONSIDERATE	Without thought or consideration of others.
INFINITE	Without limits, boundless.
INSTITUTION	Significant practice or relationship in a society or an established organization or corporation, especially of public character.
INVENTORY	Written list of items (used to evaluate personal characteristics).
JEALOUSY	Feeling of rivalry, unfaithfulness, or the loss of another's exclusive devotion.
MISTAKE	A wrong action or statement (caused by faulty judgment).
MOLD	To give shape to, to exert influence on.
MORAL	Honest, truthful. Relating to the practice, manners, or conduct of men/women, as social beings, in relation to each other, and with reference to right and wrong.
NATURE	The essential characteristic of something (root cause, the truth of where the wrong began - what created the wrong).
PARADOXICALLY	A statement that seems contradictory or opposed to common sense, but is true.
PERSONAL RELATIONSHIPS	My relations with other human beings and the world about me.
POCKETBOOK	Anything of a material nature (money, property, buildings, jewelry, etc.)
PRIDE	Image or ego. An excessive and unjustified opinion of oneself: either positive (self-love) or negative (self-hate). An alcoholic's pride is usually based on how we think others view us.
PRINCIPLE	Rule or code of conduct, fundamental law or assumption.
RESENTMENT	Comes from the Latin word "sentire" which means "to feel", and when you put "re" in front of any word, it means "again", so the word resent means "to feel again".
SANE	Healthy, able to appraise the effect of one's actions.
SECURITY	My general sense of personal well being, usually based on my demand for my own way: either to dominate those about me or to become overly dependent upon them. Has two possible viewpoints - financial security or emotional security.
SELF-CENTERED	Occupied or concerned only with one's own affairs.
SELF-ESTEEM	What I think of myself, how I view myself: either high (positive = self-love) or low (negative = self-hate).
SELFISH	Concerned with one's own welfare or interests and having little or no concern for others.
SELF-SEEKING	Constant looking to further one's own interest.
SHORTCOMING	Falling short of what is expected or required. Same as defect - what blocks me off from God and others.
SOUND	Showing good judgment, healthy, free from flaw or defect.
SUBJECTED	To study motive.
SUSPICION	To have doubt or mistrust, with little or no proof.
WRONG	Judging, believing or acting incorrectly.

tolerant

compassion