

The Original Six Steps of AA

In Bill Wilson's own hand-writing.

1. Admitted ^{For God} hopeless
2. Got honest with self
3. Got honest with another
4. Made Amends
5. Helped other without demand
6. Prayed to God as you understand Him.

Ever
Bill W.
Apr 1953
Original AA
Steps

Step 1: Admitted hopeless

Step 2: Got honest with self

Step 3: Got honest with another

Step 4: Made amends

Step 5: Helped others without demand